



key to map

- Protected landscapes
- Visitor information
- Train station
- National Trust
- Museum / Heritage centre
- Castle / fort
- Historic monument
- Mining heritage area
- Historic house
- Garden
- Theatre / cinema
- Church of interest
- Wildlife / nature interest
- Vintage / steam train
- Market / Farmers' Market
- Cycle Hire
- Indoor Swimming Pool
- Watersports
- Angling (check season / permit requirements)
- Foot passenger ferry
- Vehicle ferry
- Railway main line
- Railway branch line
- Preserved railway line
- Walking and Cycling Routes

These routes are numbered on the map from West to East.

- Walking Routes 1
- Town Trails
- South West Coast Path
- Saints Way Padstow - Fowey
- Copper Trail Bodmin Moor
- Smuggler's Way Boscastle - Looe
- Golitha Falls
- Tamar Valley Discovery Trail Launceston - Plymouth
- Two Castles Trail Launceston - Okehampton
- Kit Hill Country Park
- East Cornwall Tamar Trails
- Mt Edgcombe Country Park
- West Devon Way Okehampton - Plymouth
- Walking & Cycling Routes 2
- Camel Trail Bodmin - Padstow
- Clay Trails
- Cardinham Woods
- Siblyback Lake Country Park
- Tamar Trails
- Roadford Lake Country Park
- Drake's Trail
- Burrator Reservoir
- Cycling Routes 12
- National Cycle Routes (NCR) as numbered
- Mid Tamar Cycle Route
- Bere Peninsula Cycle Route
- Maddacleave Woods Downhill Mountain Bike Tracks

Please note that this map is intended for general guidance only. For more information and details of public rights of way, please refer to the following Ordnance Survey Explorer series maps: 105, 106, 107, 108, 109, 111.

- ### Tourist Information Centres:
- Bodmin**
Shire Hall, PL31 2DQ Tel: (01208) 76616
 - Fowey**
5 South Street, PL23 1AR Tel: (01726) 833616
 - Launceston**
White Hart Arcade, Broad Street, PL15 8AA Tel: (01566) 772321
 - Liskeard**
Foresters Hall, Pike Street, PL14 3JE Tel: (01579) 349148
 - Looe**
The Guildhall, Fore Street, PL13 1AA Tel: (01503) 262072
 - Lostwithiel**
Liddicoat Road, PL22 0HA Tel: (01208) 872207
 - Plymouth**
3-5 The Barbican, PL1 2LR Tel: (01752) 306330
 - Tavistock**
The Archway, Bedford Square, PL19 0AE Tel: (01822) 612938