



The Camel Trail CODE OF CONDUCT



Walkers have right of way

The Trail has many different users including older people & people with mobility problems who find the level surface suitable for their use.



Please keep your dogs under close control

Dogs that leave the Trail can cause damage to adjoining private land, the river & its wildlife.



Cyclists, please keep your speed down

High speed makes it harder to avoid other users & thus causes accidents. Try to warn people of your approach.



Horse riders, please keep to a walking pace

This reduces damage to the surface & the likelihood of an accident involving other users.



Please clean up after your dog & do not drop litter

Litter is unsightly, takes years to biodegrade & can be very dangerous. Dog faeces are a particular nuisance.



Please use the Trail safely

Cyclists are advised to wear a safety helmet & to carry a puncture repair kit. Cycling with your dog on or off a lead is very dangerous.



Please respect the privacy of adjoining properties & landowners

There is no public access to any adjoining land, or to the river, except on signed paths.



Please be considerate to all other users of the Trail

Inconsiderate behaviour whilst using the Trail can spoil people's enjoyment of it.



THE CAMEL TRAIL is managed through a Partnership involving the County, District, Town and Parish Councils through whose area the Trail passes. The Partnership also includes the Chambers of Commerce of Padstow, Wadebridge and Bodmin, the Padstow Harbour Commissioners, Natural England, the Environment Agency and the Forestry Commission.



Day to day running is undertaken by the County and District Councils.
Tel: (01208) 893333

If you have a query, wish to report a problem on the Trail or require other information on cycling in Cornwall, please phone...
HELP LINE: (01872) 222000

Please note: Mobile phone reception along the Camel Trail is variable.

- ◆ Take care where the Trail crosses public roads!
- ◆ When in the towns, please park your bike considerately.
- ◆ All hire bikes must display a license disc. Please ensure that yours does.
- ◆ The Trail is a predominately permissive route by consent of the landowners.



Designed by Ginny Lewis 01208 873501 & Heulyn Lewis, NCDC 03:2007

THE CAMEL TRAIL



The CAMEL TRAIL is an 18 mile multi-use route available for walkers, cyclists and horse riders. It is flat and is mostly suitable for disabled access.

The Camel Trail CODE OF CONDUCT is also displayed in this leaflet.

PLEASE FOLLOW THE CODE

so that everyone who uses this wonderful Trail can enjoy the experience to the full.

Published by
The Camel Trail Partnership



The Camel Trail is an 18 mile mainly traffic free route based on an historic railway track. The Padstow to Wadebridge line was opened in 1899 providing access from Waterloo via Okehampton and Launceston, but the section from Wadebridge to Poley's Bridge is one of the oldest in the world and was opened in 1834. Initially it was intended to bring sea sand from the estuary to farms inland. Bodmin through to Wadebridge was connected to the mainline system and operated until 1967, whilst the line between Bodmin and Poley's Bridge, which was only ever used for freight, closed in 1984.

DISTANCES: Padstow to Wadebridge.... 5 miles

Wadebridge to Bodmin.... 5.8 miles

Bodmin to Wenfordbridge.... 7.5 miles



PADSTOW

Prideaux Place (1 mile from Trail)

PADSTOW

is one of the most attractive seaside towns in Cornwall, lying hidden up the Camel Estuary, away from the harsh Atlantic. Once the fourth most important port in the country, today Padstow's economy relies heavily on tourism. Situated at one end of the Camel Trail, it is a gateway to some superb estuary and cliff top walks. The local Tourist Information Centre is full of information about the area's attractions, including Prideaux Place, one of the country's most beautiful Elizabethan mansions.



THE CAMEL ESTUARY

is a bird-watchers' paradise. From Wadebridge to Padstow there are wonderful views of creeks, sandbanks and rocky shores. Wintering wildfowl include wigeon, long-tailed duck and goldeneye. Divers, grebe and many waders can also be seen. Spring and autumn bring many migrants to the estuary, while in summer it plays host to little egret, heron, cormorant, oystercatcher and many gulls.

INCREDIBLE COASTLINE

The Camel Trail runs to Padstow, still some distance from the sea. However, leaving your bike secured in the town, you can follow the coast path beyond Padstow to Stepper Point, from where magnificent views can be enjoyed. The coast path continues around the headland and joins another path leading back to Padstow.

A leaflet on this walk is available from the Tourist Information Centre in Padstow.



WONDERFUL WOODS

From Wadebridge to Poley's Bridge, the route passes through some magnificent woodland. Much is looked after by the Forestry Commission, including mixed woodland managed on a long term basis. Other woods contain native trees such as oak, ash and beech with an understorey of hazel, holly or spindle, also seen in the luxurious hedgerows on each side of the Trail. Access into some of the woods is allowed.



MAGNIFICENT MOORS

The Trail skirts Bodmin Moor, a superb granite landscape with typical features such as tors, bogs, commons and streams. Easily accessed are attractive hamlets like Blisland, which has a bucolic charm epitomised by its beautiful church near the green.



ST BREWARD grew from the granite quarrying industry which left a legacy of solidly built cottages and small, granite-hedged fields.

WADEBRIDGE



WADEBRIDGE

was a pivotal settlement in North Cornwall, providing the first crossing of the River Camel. Reputedly the much altered medieval bridge was built on foundations of large sacks of wool. Now Wadebridge is a bustling rural town with a wide range of shops and is the 'centre' for accessing the Camel Trail. It has a good Tourist Information Centre and information on local wildlife sightings are often posted nearby.

BODMIN

was founded in 530AD by St Petroc and St Guron. The town's name comes from 'Bod Meneghi' meaning 'dwelling of the monks'. Bodmin was an administrative centre, and the County Assize Courts now house the Bodmin Visitor Information Centre, and 'Murder on the Moor', a re-creation of an infamous C19 murder trial. Bodmin has a wide range of attractions including a steam railway, old Gaol and town museum. Lanhydrock House (N.T.) and the famous Eden Project can be reached by linking to the Cornish Way multi-use route.



KEY

- Camel Trail
- On road section
- Car Park
- Toilets
- Cafe
- Pub
- Shop
- Tourist Information
- Cycle Hire & Bike Park
- Road Crossing!
- Attraction